



School of Physiotherapy & Exercise Science

NEWSLETTER

March 2020



Message from the Head of School



Linda Woodhouse

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Welcome to the Fall edition of the School’s newsletter. To suggest the past few months have been busy for the staff and students would be an understatement. A most sincere “thank you” to the staff, students, alumni and leadership at Curtin for the way in which everyone held true to Curtin’s values as we banded together to insure a smooth transition to online teaching during these challenging times. Staff worked long hours to develop lectures and labs to an online format. By all accounts the transition worked well and the School would like to thank the many parent, siblings, housemates and even the odd “teddy bear” who served as patients for clinical practice at home! Not only did we implement online teaching of the classes, but both Exercise Science and Physiotherapy launched telehealth clinical placement programs that will provide care for patients, who would not otherwise have access to care due to COIVD-19, while preparing our students to deliver care in the home using telehealth strategies.

The School is pleased to announce that Associate Professor Peter Kent has taken on the role as the Executive Lead for Research and thanks Professor Luke Haseler for his leadership in that role over the past few years. Associate Professor Kylie Hill will work with Peter to develop a research mentorship program for staff and Associate Professor Daniel Gucciardi will represent the School on the Faculty’s Research Committee. Under Peter’s leadership, the School recently developed a new strategic research plan that will have a focus on consumer and stakeholder engagement to insure our research will have relevance to the healthcare system.

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MESSAGE FROM HEAD OF SCHOOL Continued

Academics within the School received a number of awards and appointments including:

- ◆ **Leo Ng** – Senior Lecturer, Director of Learning and Teaching received an Australian Award for University Teaching (AAUT) – his Citation was for Outstanding Contribution to Student learning.
- ◆ **Penny Moss** – received this year's Australian Physiotherapy Council (APC) Pat Maher award jointly with Felicity Blackstock of Western Sydney University – for their work on the Simulation Project.
- ◆ **Professor Anne Smith** was appointed the new Raine Study Scientific Director – the Raine Study was established in 1989 and is one of the largest prospective cohorts of pregnancy, childhood, adolescence and adulthood in the world.

We also had a couple of successful grants:

- ◆ **Anne Smith, Peter Kent, Peter O'Sullivan** and **Amity Campbell** received a Medical and Health Research Infrastructure Grant (MHRIF).
- ◆ **Elissa Burton** received two grants (Dementia Australia Research Foundation and Alzheimer's WA Grant).

And an impending PhD completion: Congratulations Dr Rob Waller!

We celebrated the transition in our student cohort as the new students entered into their respective programs, with the class of 2019 attending their graduation ceremony on 7 February, 2020. **Congratulations!!**

I also want to share with you that, even in the face of all the challenges of transitioning to online learning in these uncertain times, a large number of our final year students have come forward to volunteer their services to help in hospitals, if and when they are needed. Our professions and our health care system are in good hands with such committed professionals.

The Continence and Women's Health Post Graduate program hosted an Alumni Event on 20 February, 2020 that was organized by Emma Wise and attended by 93 Alumni.

We received some sad news about the passing of a colleague Harry B. Lee on 23 March, 2020. While I never had the opportunity to meet Dr Lee, I understand he was an infamous character amongst his colleagues and students. Our thoughts and sympathies go out to the family at this difficult time.

These are challenging times for students, staff, alumni and all of their families, particularly those who live alone. Be kind to yourselves and each other. Don't hesitate to reach out if there is anything that we can do in the School to help support you.

**Please stay well and keep socially connected and active
while maintaining your physical distance.**

Make tomorrow better.

STAFF AND SCHOOL NEWS

Provisional ESSA Accreditation for MCEP

On 25 March we received news from ESSA that our Master of Clinical Exercise Physiology course has been granted Provisional Accreditation from 1 June 2020 - 12 February 2021.

Provisional Accreditation means there are some conditions that need to be met over the coming months before we move to Full Accreditation. The good news for our first cohort of students is that this means they will be able to obtain accreditation credentialing with ESSA.

Thanks to everyone who helped with this process over the last few years, and we acknowledge Tanya Blee for all her hard work and commitment in achieving this fantastic outcome.



Staff Representative Jessica Colliver

Welcome back to **Jess Colliver** who has resumed her role as Staff Representative on the School Executive Committee.

Thanks to Anne-Marie Hill for filling in during Jess's absence.

Staff Milestones

Alan Reubenson and Rob Waller

Congratulations to **Alan Reubenson** who will have his first paper from his PhD officially published in the next week or two:

Reubenson, A., Ng, L., and Gucciardi, D.F. (in press). The Assessment of Physiotherapy Practice provides informative assessments of clinical and professional dimensions of student performance in undergraduate placements: A longitudinal validity and reliability study. *Journal of Physiotherapy*.



Above: Alan Reubenson

Right: Action man Rob Waller - less time hiking and more time on the PhD please



Advance congratulations to **Rob Waller** - the examiners have returned his thesis with a pass. So, with just a little bit more to do, he's almost there.

Well done Rob!

Faculty of Health Science's Diversity and Inclusion Working Party



After successfully gaining the Bronze Award for Athena SWAN, Curtin's Faculty of Health Science's has replaced the Athena SWAN Health Sciences Committee with the Gender Equity, Diversity and Inclusion Committee (GEDIC). GEDIC will also include two working parties: - Athena SWAN and Diversity and Inclusion who will focus on their specific areas. Each group has a representative from the School's and Centres within the Faculty and the Terms of Reference for each working party are being developed.



Peter Kent and **Kylie Hill** are on the Athena SWAN group, and **Elissa Burton** and **Amity Campbell** are on the Diversity and Inclusion group. The most effective ways to communicate (two-way) with staff and students within the schools is being discussed and for further information please contact Elissa E.Burton@curtin.edu.au or Amity A.Campbell@curtin.edu.au



STAFF NEWS



A Marathon Memory By Penny Moss

In our current world of lock-down and isolation, it seems hard to imagine that a year ago I was flying off to fulfil a bucket-list item – to run the London Marathon. I had been trying to get a place for about five years and had decided that 2019 would be my last try. Miraculously, the Universe agreed and I was in fact offered a place via three different routes. Like buses

I decided that I would still collect money for my chosen charity, which happened to be the official London Marathon Charity for 2019 – Dementia Revolution. So, one of the very best things about participating in the event was feeling part of something bigger than just me plodding along for four hours. Many people from Curtin supported me financially, including participating in “virtual marathons” of their own. London Marathon has a tracking app and so when I ran, I knew I was being tracked every step of the way by people from home. If that wasn’t an incentive to keep going, I’m not sure anything would have been! My nine year old granddaughter designed a logo (Nini Penn runs London) and all grandkids wore t-shirts with the logo on while I ran (they were in Perth)!



The marathon day itself was astonishing – like nothing I have ever experienced. The most memorable thing was the sheer volume of people. Everywhere. Just everywhere. Spectators yelling and shouting 6 –10 people deep, non-stop, every step of the 42.2kms (not quite like running a marathon here in Perth!) Hitting the unpleasant final five miles, I did get close to telling people to shut up and just let me run! Having my name printed on my vest seemed like a great idea at the start

Runners everywhere – there were four or five different starting points on Blackheath Common, with multiple waves of runners at each start, meaning that you had to be to your starting area at least 2 hours before your start time (in “balmy” UK morning temperatures of 10°C). Usually when you run a marathon, in Perth anyway, after the first few miles, people start to spread out as they each find their pace and so fairly soon you find yourself running freely without tripping over others. This was the most startling difference with London: 40,000 people running the same course means 1,000 people per kilometre at all times! And boy did it feel like that! I actually ran 45 kms in total – dodging around others so much!

However, nothing can ever beat that sense of being in something together with so many other people. The spectators (much as they got on my nerves towards the end) were phenomenal, handing out lollies and orange slices, water, drinks all the way along, cheering you along, making you feel like royalty! My own cheer squad (partner Chris, my niece, her husband, their friends, my UK friends) popped up all the way along. It was truly amazing running along or past landmarks such as Tower Bridge, Houses of Parliament, Westminster Abbey, Buckingham Palace (forgot to look – was right at the very end, behind me with the finish line ahead and I just wanted to stop at that stage). Like all good runners, I really only do it for the medal – and the medal is magnificent!

It was a once in a lifetime’s experience for which I am immensely grateful. The Dementia Revolution raised more than £6 million (the largest amount raised by a single LM charity) which, once our current health crisis is over, will be used to find better treatments or diagnostics for Alzheimers and dementia.



Make tomorrow better.

IN PURSUIT OF EXCELLENCE

Dr Leo Ng

**Australian Awards for University Teaching
(AAUT) 2019**

Great teachers inspire their students and help them to unlock a world of knowledge. This is particularly true for the highly skilled teachers in labs, lecture theatres and classrooms of Australia's world-class universities.

The **Australian Awards for University Teaching** is one way in which the work of teachers in higher education is recognised and honoured. The awards pay tribute to individual teachers and recognise developments in teaching practice and student learning from around the country.

Leo Ng, Director of Learning and Teaching at the School of Physiotherapy and Exercise Science, was one of four Curtin winners in the Citations for Outstanding Contribution to Student category. He was recognised for enhancing physiotherapy students' professional and employability skills through the design and implementation of digital technologies and work integrated learning activities.

The overall feedback from his nomination was:

"This is one of the strongest Citation nominations that the team has had the pleasure to evaluate. We highly recommend this candidate to be awarded the citation. This nominee has had a clear, substantial, high level of impact on student learning. A clearly written and engaging citation that incorporates sustained work over a ten year period. It unpacks five new teaching innovations, the use of digital technology and authentic learning to enhance the experiences and employability of physiotherapy students."

He was recognised at a presentation on Friday, 6 March at Fraser's Restaurant Kings Park.

Congratulations Leo.



Leo with daughter Hayley and Linda Woodhouse

Dr Penny Moss

**Australian Physiotherapy Council
Pat Maher Award**

Congratulations to **Penny Moss** who received this year's **Australian Physiotherapy Council (APC) Pat Maher award** jointly with Felicity Blackstock (Western Sydney University). The official presentation was held in Melbourne on 14 February. Unfortunately, Penny was unable to attend and receive her award in person.

This award recognises those who have made significant contributions to the Council and the wider physiotherapy profession.

Penny and Felicity were recognised for their outstanding contributions to the Council in spearheading the Simulation Project and assisting the Council to make the important transition of its Clinical Assessments to





Paul Davey
Our IT Superhero

Our very sincere thanks to **Paul Davey** for his (extra) help over the last few weeks getting all staff organised and connected for working online.

With his wealth of knowledge and experience of all things IT, Paul is our usual go-to person when something goes wrong. With the need to get lectures online and staff equipped to work from home at short notice, Paul hasn't stopped over the last few weeks, and continues to trouble-shoot and support staff working remotely.

Thanks Paul for your never-ending patience and help!



FORMER STAFF NEWS



Nine Months Later Professor Keith Hill

Greetings from the other side of the country to all at SPES at Curtin. The nine months since I left Perth have been extremely busy (more busy than I thought, going back to a research only position!). On the home front, Pek and I stayed in a short term apartment for two months, are currently in a rental property, and have bought a house 15 minutes drive from my work (Peninsula Campus of Monash University, at Frankston) that we move into in eight weeks.

On the work front, I have been steadily setting up my new team at the Rehabilitation Ageing and Independent Living (RAIL) Research Centre at Monash. The centre now has seven staff (mainly physios and OTs, and a centre coordinator) with strong and diverse track records across the three streams of research our centre covers. In addition, a major focus is drawing together the many researchers across Monash working on related streams of research (we now have around 100 researchers across the various schools, departments and faculties who have joined as members of RAIL). This provides substantial strength and diversity of expertise to bring together for collaborative grant applications. We are also working to establish relationships with many industry partners in the Mornington Peninsula area, and starting to build a consumer network. We also have a campus in Malaysia that has a gerotechnology lab that I visited at the end of last year, and am working to build collaborative research with.

It has been great to sustain involvement with a number of staff projects in the School (in particular projects led by Anne-Marie Hill and Elissa Burton), and continue with a CI role on a NHMRC project led by Chris Toye from the School of Nursing, Midwifery and Paramedicine. I also maintain a supervisory role with a number of PhD students through the School, which also involves regular zoom meetings and emails.

I hope everyone is managing as best as possible in this difficult time with COVID-19. I did note that one of the biggest problems in the West in the earlier stages was having to restrict the amount of alcohol being purchased! But there is no doubt that all of the necessary constraints can have unintended consequences, in particular for our vulnerable populations. Everyone needs to take time to support the health and wellbeing of those around them.

One of the disappointing things about my move back to Melbourne is that 2020 was going to be Carlton's year, and I would have enjoyed strutting the corridors of 308 waving my Carlton scarf on a Monday morning (rarely got the chance to do this over the previous 7.5 years). I renewed my membership, had tickets booked for the big Carlton Richmond game ... and then ended up watching the game with my family around the TV set (and a disappointing outcome). I think I will adopt the Freo attitude even at this early stage (even with a likely much reduced season), and look to next season!

Pek and I wish everyone all the best to all the SPES staff and your families and networks, as we all work through these challenging times. We look forward to catching up either on the East or West coast when borders open up again and travel resumes.



Left; Keith participating in a rafting regatta on the Maribyrnong River to raise funds to clean Melbourne's waterways.

Right: With twin brother Peter (another Carlton tragic)



Make tomorrow better.

2019 STUDENT AWARDS

2019 Student Awards

The School's Student Awards Ceremony was held on Friday, 7 February in the Tim Winton Lecture Theatre. These awards recognise students who excel in various elements of the School's courses. This year we were very pleased to welcome *Safety and Rehabilitation books Publisher* as a sponsor to a new MCEP award.

Jun Han Wong (unable to attend): **IO Thorburn Award** for the first year Physiotherapy student with the highest results in Anatomy.

Luke O'Connell (unable to attend): **Australian Physiotherapy Association (WA Branch) Award** for the first year Physiotherapy student with the highest results.

Shaun Fitzpatrick (below right): **LifeCare Award** for the second year Physiotherapy student with the highest results in Musculoskeletal Physiotherapy.

AND

Australian Physiotherapy Association (WA Branch) Award for the second year Physiotherapy student with the highest results.



Lyn Oomen (below left): **SPES Award** for the first year Exercise, Sports and Rehabilitation Science student with the highest results.

Jasmin West (below right): **SPES Award** for the second year Exercise, Sports and Rehabilitation Science student with the highest results.



Giorga Patten (as Giorgia was unable to attend, her mother accepted her award below left): **APA Women's, Men's and Pelvic Health Group Australia (WA Chapter) Award** for the third year Physiotherapy student with the highest results in the Gender Health Issues subject of Lifespan Health Science.

Madeline Agostino (below right): **APA Musculoskeletal Physio-therapy Australia (WA Chapter) Award** for the third year student with highest results in Musculoskeletal Physiotherapy.



Matthew Haddon (below left): **APA Cardiorespiratory Physiotherapy Australia (WA Chapter) "Jane Kinging" Award** for the third year Physiotherapy student with the highest results in Cardiopulmonary Science

Samantha Wyndham (below right): **APA Gerontology Physiotherapy Australia (WA Chapter) Award** for the third year Physiotherapy student with the highest results in the Gerontology subject of Neuroscience Physiotherapy.



Rebecca Griffin (unable to attend): **APA Physiotherapy Business Australia (WA Chapter) Award** for the fourth year physiotherapy student with the highest results in Physiotherapy Leadership.

2019 STUDENT AWARDS

Christopher Moses (below left): **APA National Neurology Group (WA Chapter) Award** as the third year Physiotherapy student with the highest results in Neuroscience.

Bonnie Markham (below right): **Therapy Focus Award** for the Entry-Level Programs student with the highest marks in Paediatrics.



Savanah Loreggian (below left): **Australian Medical Supplies Exercise Physiology Award** for the ESS student with highest combined mark for Exercise Physiology over all years.

Daniella Stoch (below right): **APA National Paediatric Special Group (WA Chapter) Award** for the fourth year Physiotherapy student demonstrating enthusiasm for paediatric physiotherapy, innovative practice and a strong theoretical knowledge in the field of Paediatrics.



Lucia Caravia (below): **Australian Medical Supplies Motor Control and Skill Acquisition Award** for the ESRS student with highest combined mark for Motor Control and Skill Acquisition over all years.

AND

Australian Medical Supplies Biomechanics Award for the ESRS student with highest combined mark for Biomechanics over all years.

AND

UniBank Psychology Award for the ESRS student with the highest combined mark for Psychology over all years.

AND

Geoff Strauss Award for the graduating ESRS student whose results, attitude, knowledge and work practices embodies the aims and philosophy of the School.

Rebecca Griffin (unable to attend): **APA (WA Chapter) Award** for the fourth year Physiotherapy student with the highest results in Physiotherapy Leadership.

Sarah Henley-Martin (below): **SPES Foundation Award** for the highest achieving ESS Honours student.

AND

SPES Award for the best ESS Honours presentation: *"Perceptual, physiological and performance comparisons of traditional and small-sided youth hockey games"*

Supervisors: Dr Kagan Ducker, Dr Carly Brade and Dr Daniel Hiscock



2019 STUDENT AWARDS

Elizabeth Roe (below): **APA Physiotherapy Research Foundation Prize** for Physiotherapy Honours student with the highest overall score.

AND

SPES Award for the best Physiotherapy Honours presentation: *"Predicators of early childhood developmental trajectories"*

Supervisors: A/Prof Jennepher Downs, Dr Lynn Jensen, A/Prof Scott White, Dr Kingsley Wong, Prof Leon Straker, Dr Amy Finlay-Jones and A/Prof Helen Leonard



Cassidy (Cassy) Dewar-Ashton (below left): **UniBank Leadership Award** for the third year ESS student who has progressively improved their Leadership skills over the three year course.

Kade Zur (below right): **Worksite Fitness and Rehabilitation Best Practice Award** for the ESS student with the best results in Practicum Placement.



Holly Murray and Gary Koh: **APA (WA Branch) Marcus (Joe) Rosen Award** for the graduates of the Bachelor of Science (Physiotherapy) Course with the best clinical results.

Simone Wilson (below left): **Rocky Bay Scholarship** for a student commencing year four of the course.

Bodie Logan (below right) and **Laura Worthington** (unable to attend): **AAP Education Scholarship** for two students who are commencing year four of the course and considering working in private practice.



Romney Pearson (below left): **School of Physiotherapy and Exercise Science Award** for the first year Master of Physiotherapy student with the highest results.

Grace Durack (below right): **School of Physiotherapy and Exercise Science Award** for the second year Master of Physiotherapy student with the highest results.



Emily Shields (was unable to attend): **AAP Education Award** for the first year MCEP student with highest combined mark for Clinical Practicum

Courtney Gerwing (was unable to attend): **Safety and Rehabilitation Books Publisher Award** for the graduating Master of Physiotherapy student with the highest overall results.

AND

Emeritus Professor Joan Cole Award for the most outstanding Master of Physiotherapy graduate.

2019 STUDENT AWARDS

Tiffany Mullins (below left): **Safety and Rehabilitation Books Publisher Award** for the first year MCEP student with highest combined mark in Musculoskeletal Domain.

Emily Clifford (below right): **APA National Physiotherapists in Leadership and Management Group (WA Chapter) Prize** for the student with the highest combined results in the Leadership Assessments in Integrated Physiotherapy Management.



Jonathon Ellis (unable to attend): **APA Sports Physiotherapy Australia (WA Chapter) "Diana Hopper" Award** for the Master of Clinical Physiotherapy (Sports Physiotherapy) student with the best clinical results.

Gary Koh (below left): **Emeritus Professor Joan Cole Award** for the most outstanding Bachelor of Science (Physiotherapy) graduate.

James Weir (below right): **APA Musculoskeletal Physiotherapy Australia (WA Chapter) "Brian Edwards" Award** for the Master of Clinical Physiotherapy (Musculoskeletal Major) student with the best clinical results.



Pek Tiong Dylan Koh and Rhys Veen (both unable to attend): **LifeCare Award** for the Master of Physiotherapy graduate with the best clinical results.

Malina Kelly (below left): **Max Zusman Award** for the Postgraduate student with the highest mark in the unit Advanced Management of Pain Disorders.

Eimear O'Brien, David Carolan and Joshua Yu Zhe Chuah Choong (unable to attend) and **Sarah Hammond** (below right) won the **Mona Twomey Prize** for the students who received the highest overall grade for their research project for: *"Exploring peoples' lived experience of complex regional pain syndrome. A qualitative study?"*

Supervisors: Dr Darren Beales, Eileen Boyle,
Dr Sonia Ranelli, Dr Tim Mitchell,
Dr David Holthouse and Prof Helen Slater

Janine Murray (below left): **APA Women's, Men's and Pelvic Health Group (WA Chapter) Award** for being the top graduating student in the Graduate Certificate in Clinical Physiotherapy (Continence and Women's Health) Course.

Caris Sevin (below right): **APA Women's, Men's and Pelvic Health Group (WA Chapter) Award** for the top graduating student in the Continence and Women's Health Major of the Master of Clinical Physiotherapy Course.



2019 STUDENT AWARDS

Tashi Dorje (right): **Elsevier Book Prize** for the Masters or Doctoral student publishing the best article in a Scientific Journal for:

“Smartphone and social media-based cardiac rehabilitation and secondary prevention in China (SMART-CR/SP): A parallel-group, single-blind, randomised controlled trial.”

Authors: Tashi Dorje, Gang Zhao, Khandro Tso, Jing Wang, Yaolin Chen, Lhamo Tsokey, B-K Tan, Anna Scheer, Angela Jacques, Zhixing Li, Ruochen Wang, Clara K Chow, Junbo Ge, Andrew Maiorana. Published in The Lancet Digital Health 1 (7) e363-e374



We sincerely thank all our generous sponsors who continue to support our students and awards each year:

Australian Physiotherapy Association (and special interest groups)

Australian Medical Supplies

LifeCare

Therapy Focus

Worksite Fitness and Rehabilitation

Elsevier

UniBank

Safety and Rehabilitation Books Publisher

AAP Education

Rocky Bay



Don Watts High Achiever Scholarship



Above: Claudia at another event with the VC (she was on prac and unable to attend in person).

Right: Matthew receiving his scholarship from VC Debbie Terry

Curtin offers five Don Watts High Achiever Scholarships to our top achievers. They are rewarded with development opportunities and financial support during their undergraduate degree. This year, two of our students received a Don Watts Scholarship.

Congratulations to fourth year Physiotherapy student **Matthew Haddon**, and third year Exercise Science student **Claudia Perry** who were both recipients of the scholarship for 2020.

Well done Claudia and Matthew!



Congratulations

Make tomorrow better.

2019 STUDENT AWARDS



Make tomorrow better.

RESEARCH NEWS

New framework for work related musculoskeletal disorders

February saw the release of the “Western Australian framework and strategy for the prevention and management of work-related musculoskeletal disorders”.

<https://www.commerce.wa.gov.au/publications/western-australian-framework-and-strategy-prevention-and-management-work-related>

This is a collaboration between the West Australian Government Department of Mines, Industry Regulation and Safety, WorkCover WA, Arthritis Australia, and **Dr Darren Beales** and **Professor Leon Straker** from the School of Physiotherapy and Exercise Science. **Jean Mangharam**, an adjunct to the school, will be leading the project.



Musculoskeletal disorders remains a significant burden for society. They make up the largest portions of work-related injuries and workers compensation claims. Physiotherapists and exercise physiologists have a primary role in prevention and management of these disorders. The framework has been developed via literature review and extensive stakeholder consultation. The Vision of the framework is “Western Australians are healthier and more productive as a result of effective prevention and management of work-related musculoskeletal disorders”. This is fully aligned to the principles that good work is good for your health. Priorities identified include acknowledging complexity and optimising the timing of interventions, focusing on high risk groups, and building stakeholder capacity.

For the many graduates now moving directly into roles that focus on the management of work-related disorders, this framework provides an excellent resource for navigating a complex system.

Professor Anne Smith Scientific Director of the Raine Study



Professor Anne Smith has just been appointed the new Scientific Director of the Raine Study, taking over the role from Curtin’s Professor Leon Straker.

The Raine Study, established in 1989, is one of the largest prospective cohorts of pregnancy, childhood, adolescence and adulthood to be carried out anywhere in the world. The rich data collected on each Raine Study participant is being used by researchers all over the world to better understand, and improve, human health and quality of life.

Anne has continued a long and rich research relationship with the Raine Study since completing an NHMRC postdoctoral fellowship from 2005 to 2009 focusing on spinal pain in Gen2 participants. Her complement of clinical, research and advanced statistical expertise has led to her collaborating locally, nationally and internationally with researchers from different fields to utilise data from the Raine Study.

She also supervised a number of PhD, masters and honours projects that have used data from the Raine Study. Of the 175 papers Anne has published in international, peer-reviewed journals, she has led the statistical analysis and interpretation of findings for 51 publications arising directly from the Raine Study.

Anne has been a chief investigator on four grants funding the Raine Study with a combined value of \$1.1 million.

Well done!

Make tomorrow better.

RESEARCH PUBLICATIONS

Articles published from January to March 2020 by Staff and Adjuncts

Koh E, **Boyle J**. Pubic apophysitis in elite Australian Rules football players: MRI findings and the utility of VIBE sequences in evaluating athletes with groin pain. *Clinical Radiology*

Hinman RS, Campbell PK, Lawford BJ, **Briggs AM**, Gale J, Bills C, Kasza J, Harris A, French SD, Bunker SJ, Forbes A, Bennell KL. Does telephone-delivered exercise advice and support by physiotherapists improve pain and/or function in people with knee osteoarthritis? Telecare randomised controlled trial, *British Journal of Sports Medicine*. [10.1136/bjsports-2019-101183](https://doi.org/10.1136/bjsports-2019-101183)

Murad A, Hyde N, Chang S, Lederman R, Bosua R, Pirootta M, Audehm R, Yates CJ, **Briggs AM**, Gorelik A, Chiang C, Wark JD. Quantifying use of a health virtual community of practice for general practitioners' continuing professional development: A novel methodology and pilot evaluation, *Journal of Medical Internet Research* 21(11) [10.2196/14545](https://doi.org/10.2196/14545)

Hinman RS, Allen KD, Bennell KL, Berenbaum F, Betteridge N, **Briggs AM**, Campbell PK, Dahlberg LE, Dziedzic KS, Eyles JP, Hunter DJ, Skou ST, Woolf A, Yu SP, van der Esch M. Development of a core capability framework for qualified health professionals to optimise care for people with osteoarthritis: an OARSI initiative, *Osteoarthritis and Cartilage*. [10.1016/j.joca.2019.12.001](https://doi.org/10.1016/j.joca.2019.12.001)

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De Jong LD, Francis-Coad J, Wortham C, Haines TP, Skelton DA, Weselman T, **Hill AM**. Evaluating audio-visual falls prevention messages with community-dwelling older people using a World Café forum approach, *BMC Geriatrics* 19 (1) [10.1186/s12877-019-1344-3](https://doi.org/10.1186/s12877-019-1344-3)

de Jong LD, Coe D, Bailey C, Adams N, Skelton DA. Views and experiences of visually impaired older people and exercise instructors about the Falls Management Exercise programme: a qualitative study, *Disability and Rehabilitation*. [10.1080/09638288.2019.1704894](https://doi.org/10.1080/09638288.2019.1704894)

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Olaithe M, Bucks RS, **Eastwood P**, Hillman D, Skinner T, James A, Hunter M, Gavett B. A brief report: The National Adult Reading Test (NART) is a stable assessment of premorbid intelligence across disease severity in obstructive sleep apnea (OSA), *Journal of Sleep Research*. [10.1111/jsr.12958](https://doi.org/10.1111/jsr.12958)

Tan DW, Maybery MT, Ewing L, Tay JX, **Eastwood PR**, Whitehouse AJO. Sex-specific variation in facial masculinity/femininity associated with autistic traits in the general population, *British Journal of Psychology*. [10.1111/bjop.12436](https://doi.org/10.1111/bjop.12436)

Lodeni A, Maddison KJ, Lawther BK, Scheinin M, Eriksson LI, **Eastwood PR**, Hillman DR, Fagerlund MJ, Walsh JH. Upper Airway Collapsibility during Dexmedetomidine and Propofol Sedation in Healthy Volunteers: A Nonblinded Randomized Crossover Study, *Anesthesiology* 131(5) Pages 962-973 [10.1097/ALN.0000000000002883](https://doi.org/10.1097/ALN.0000000000002883)

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Professor Andrew Briggs **Arthritis in the Bedroom**

Articles in *The Senior*, *Great Lakes Advocate*, *Manning River Times*
on 22 January

Inflammatory arthritis can cause pain, swelling and stiffness of joints and fatigue. People living with this condition are more likely to experience some level sexual dysfunction.

Andrew's research on this issue has been published in *Arthritis Care and Research*.
<https://onlinelibrary.wiley.com/doi/abs/10.1002/acr.23857>

Associate Professor Kevin Netto **Mental and psychological** **benefits of exercise**

Interview on *2CC* and *6PR* on 24 March
Article in *ANMJ* on 25 March



Following the Federal Government's shut down of non-essential businesses across Australia, which include gyms, Kevin reminds everyone of the psychological and mental health benefits of exercise.

You can read the article in full on: [ANMJ](#)

Read all about

Make tomorrow better.



John Curtin Distinguished **Professor Leon Straker**

Easy ways to a better you

Article in *the New Scientist*
on 11 January

Self-improvement needn't be difficult and you can simply tweak the everyday things you do without thinking. Whether it is breathing, sitting, relaxing, eating or walking—its all covered in the article. You can read it in full on:
<https://www.sciencedirect.com/science/article/abs/pii/S0262407920300762>

John Curtin Distinguished **Professor Peter O'Sullivan** **Myths may worsen low** **back pain and promote** **ineffective treatments**

Articles in *Reuters Health*, *Reuters UK*, *Yahoo News*, *London Free Press*, *Physical Therapy Products*, *DT Next* and radio interviews on 17 January



Many of the common myths surrounding low back pain could cause unwarranted anxiety and ineffective care

You can read the article in full on [Reuters Health](#)
[Reuters UK](#) [Yahoo News](#) [London Free Press](#)
[DT Next](#) [Physical Therapy Products](#)

EVENTS AND WORKSHOPS

Continence and Women's Health Alumni Event

The Physiotherapy Chapter of the Curtin Alumni held their first event for 2020 on Thursday, 20 February. Emma Wise organised the event and was MC on the night.

It was an excellent opportunity for our 93 guests to build their professional network, as well as strengthen their community connection.

Thanks to Emma for organising this and the speakers who participated, displaying the wonderful research happening in the continence and women's health field at Curtin



Dr Elissa Burton Dementia Training Australia - Guest Lecture Series



On Thursday, 6 February **Elissa Burton** presented at the Dementia Training Australia, Guest Lecture Series — *Exercise and falls in people living with dementia and mild cognitive impairment.*

This guest lecture attracted 220 people from various care organisations across Perth, including physiotherapists, occupational therapists, care workers and older people.

Make tomorrow better.

EVENTS



Year One Orientation and Welcome Event

This year the School combined the Exercise Science and Physiotherapy Year One Orientation and followed it up with a team building Amazing Race and Sausage Sizzle.

As you can see, Peter Gardner (left) is thoroughly enjoying the reduced responsibility since relinquishing his role as Acting HoS and handing over the reins to our new HoS, Linda Woodhouse—she's the one with her sleeves rolled up and serving refreshments to the students while Peter watches.



Thanks to all the staff who helped with the event — from coming up with the idea and developing it, arranging the refreshments and equipment, to setting up and running the activities and sausage sizzle on the day.

A lot of time and effort goes on behind the scenes, as well as on the front line for an event like this and it was very much appreciated — the students had a great time!



OPEN DAY

SUNDAY, 16 August 2020

Make tomorrow better.

SAD NEWS



Vale Dr Harry B Lee

We were saddened to hear of the passing of Dr Harry B Lee on Monday, 23 March 2020. He was aged 91.

Harry commenced teaching in the School of Physiotherapy at Curtin University when it was the Western Australian Institute of Technology (WAIT) in 1977, retiring from Curtin in 1995.



John Owens, Beryl and Harry Lee, and Geoff Strauss on a post retirement visit to the School

Harry taught Anatomy to generations of Physiotherapy and Podiatry students. He had a novel approach to teaching and assessment methods, some of which will live on in the memory of many of our graduates.



He helped students appreciate anatomical function with his depth of knowledge, comprehensive lectures and student guides, as well as his very graphic imagery and quirky stories. When the School developed a computer laboratory in the 1980s (the Mac Lab) on the Shenton Park campus, Harry was an early adopter of the Hypercard app and "SOCCER", online anatomy and pathology learning modules for self-paced learning and reinforcement.

Harry also had a mischievous side and was a happy contributor to skits presented by students at the Student-Staff dinners held at the old Shenton Park hotel. Some ex-staff and students may also remember an infamous, improvised method of entry to the Spence Lecture Theatre after finding the theatre locked for the third week in a row at 8am!

Vale Harry B Lee.

END OF NEWSLETTER

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If you would like to contribute to our next newsletter, please contact Janet Hutson on 9266 3618 or email: janet.hutson@curtin.edu.au
Please provide a photo with your news item.